L-Norvaline, a new therapeutic agent against Alzheimer’s disease

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Abstract
Growing evidence highlights the role of arginase activity in the manifestation of Alzheimer’s disease (AD). Upregulation of arginase was shown to contribute to neurodegeneration. Regulation of arginase activity appears to be a promising approach for interfering with the pathogenesis of AD. Therefore, the enzyme represents a novel therapeutic target. In this study, we administered an arginase inhibitor, L-norvaline (250 mg/L), for 2.5 months to a triple-transgenic model (3xTg-AD) harboring PS1M146V, APPSwe, and tauP301L transgenes. Then, the neuroprotective effects of L-norvaline were evaluated using immunohistochemistry, proteomics, and quantitative polymerase chain reaction assays. Finally, we identified the biological pathways activated by the treatment. Remarkably, L-norvaline treatment reverses the cognitive decline in AD mice. The treatment is neuroprotective as indicated by reduced beta-amyloidosis, alleviated microgliosis, and reduced tumor necrosis factor transcription levels. Moreover, elevated levels of neuroplasticity related postsynaptic density protein 95 were detected in the hippocampi of mice treated with L-norvaline. Furthermore, we disclosed several biological pathways, which were involved in cell survival and neuroplasticity and were activated by the treatment. Through these modes of action, L-norvaline has the potential to improve the symptoms of AD and even interfere with its pathogenesis. As such, L-norvaline is a promising neuroprotective molecule that might be tailored for the treatment of a range of neurodegenerative disorders. The study was approved by the Bar-Ilan University Animal Care and Use Committee (approval No. 82-10-2017) on October 1, 2017.

Key Words: dementia; arginase inhibition; arginine; urea cycle; microgliosis; neuroinflammation; cytokines; tumor necrosis factor; mTOR; neurodegeneration

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Introduction
Alzheimer’s disease (AD) is the primary cause of dementia presenting a severe health problem for the elderly and a growing economic burden for society. AD-associated dementia is characterized morphologically by neurtitic plaques containing amyloid-beta (Aβ) peptide and neurofibrillary tangles that are aggregates of hyperphosphorylated tau protein (Schaeffer et al., 2011). The currently dominant amyloid hypothesis of AD pathogenesis postulates that accumulation of Aβ in the brain is the principal cause of AD development (Selkoe and Hardy, 2002). Several therapeutic protocols, predicated upon the hypothesis, have been trialed in AD patients. Unfortunately, all finalized experiments have failed to improve the cognitive functions of AD patients. Moreover, some trials were terminated due to adverse effects (Doody et al., 2013; Lahiri et al., 2014).

Failure to meet the clinical endpoints with the traditional anti-amyloid approaches led to rigorous investigations of other AD-related histopathologies, including microgliosis and astrogliosis. These features characterize AD in a region- and time-dependent manner (Osborn et al., 2016). Moreover, activated microglia produce pro-inflammatory mediators in response to Aβ, which in turn activate astrocytes and eventually lead to neuropathology (Heneka et al., 2015). Therefore, dysregulation of cytokine signaling contributes to AD-associated learning and memory deficiency and synapptic dysfunction (Morris et al., 2013). Consequently, results showing improvement of the memory deficiency in rodents with manipulated microglial proliferation have been published recently (Spangenberg et al., 2016).

Contemporary studies indicate that urea cycle disordering plays a role in the pathogenesis of AD (Kan et al., 2015). Specifically, the brains of AD patients show significantly upregulated arginase activity, and reduced nitric oxide synthase activity (Liu et al., 2014), which is followed by a decrease in the levels of their mutual substrate - L-arginine (Gueli and Taibi, 2013). Moreover, the brains of AD patients, in comparison to healthy brains, contain significantly higher concentrations of urea, which is a waste product of the reaction catalyzed by arginase (Xu et al., 2016a).

Our previous report associated local amyloid-beta-driven immune-mediated response with altered L-arginine metabolism, and suggested that arginase inhibition by L-norvaline interrupts the progression of AD (Polis et al., 2018). Accordingly, we hypothesized that dysregulation of the urea cycle in the brain, with upregulation of arginase and consequent nitric oxide and L-arginine deficiency, leads to the clinical manifestation of AD pathology. Additionally, we suggest that brain accumulation of molecular waste products (i.e., urea) is a central pathological process, which leads to neuroinflammation and disrupts efficient communication between neurons. Therefore, arginase is a potential target for treating AD.
To verify our hypothesis, we used an arginase inhibitor, L-norvaline, in a murine model of AD and applied a set of immunohistochemistry, proteomics, and quantitative polymerase chain reaction assays. Bioinformatics analysis was utilized to identify the involved biological pathways.

**Materials and Methods**

**Strains of mice and treatment**

Homozygous triple-transgenic mice (3×Tg-AD) harboring PS1(M146V), APP(Swe), and tau(P301L) transgenes were purchased from Jackson Laboratory (Bar Harbor, ME, USA) and bred in our animal facility. These animals exhibit a synaptic deficiency, plaque, and tangle pathology (Oddo et al., 2003).

Male 4-month-old homozygous 3×Tg-AD mice weighing about 30 g were randomly divided into two groups (13 mice in each group). The animals were housed in cages (5 mice per cage) and provided with water and food ad libitum. The control animals received regular water. The experimental mice received water with dissolved L-norvaline (Sigma, St. Louis, MO, USA) (250 mg/L). The experiment lasted 2.5 months. The Bar-Ilan University Animal Care and Use Committee approved the experimental protocol (approval No. 82-10-2017) on October 1, 2017. The research was done in accordance with the “Guide for the Care and Use of Laboratory Animals” developed by National Research Council (US) Committee for the Update of the Guide for the Care and Use of Laboratory Animals and “The Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research” developed by National Research Council (US) Committee on Guidelines for the Use of Animals in Neuroscience and Behavioral Research.

**Fear conditioning test**

Contextual fear conditioning is a form of associative learning, in which an animal learns to associate the neutral conditioned stimulus, with the presence of a motivationally significant unconditioned stimulus, such as an electric shock (Wehner and Radcliffe, 2004). In this paradigm, the freezing behavior represents a typical natural response in rodents. The easily assessable lack of movement provides a readout of the memory acquisition and reflects the integrity of the hippocampus (Anagnostaras et al., 2001).

The experiments were performed using two standard chambers with shock floors purchased from Noldus® ( Wageningen, The Netherlands). Each chamber had a 17 cm × 17 cm floor and is 30 cm in height and was equipped with a top unit including a matrix of infrared lights and an infrared camera, with a high-pass filter blocking visible light. The floor of the chambers included a stainless steel grid (inter-bar separation 0.9 cm) connected to an electric shock generator(Ugo Basile SRL, Gemonio VA, Italy). Automated tracking was done with EthoVision XT 10 software also provided by Noldus® (Wageningen, The Netherlands). Mice were handled for 3 successive days for 5 minutes a day. During day one, an animal was placed in a chamber for 5 minutes and exposed to white background noise. Initial habituation period (Figure 1A) on the first day allowed acclimation to the experimental environment and reduction of orienting responses. Freezing behavior of the mice was tested 24 hours after training.

On the second day of a conditioning session, mice received two 2-second long 0.75 mA foot shocks, at 3.0 and 4.5 minutes after placement into the chamber. On the third day of the testing session, mice were exposed for 5 minutes to the same conditioning context without a shock.

**Tissue sampling**

After behavioral experiments, the animals were decapitated with scissors. Fresh brain sections (0.5 mm thick) between 1.7 mm and 2.2 mm posterior to bregma (by the atlas of Franklin and Paxinos) were collected for sampling (Franklin and Paxinos, 2007). The hippocampi were perforated at the dentate gyrus with a 13-gauge dissection needle (Fisher Scientific, Hampton, New Hampshire, USA). The brain punched tissues were frozen and stored at –80°C.

**Pathway enrichment analysis**

To identify specific biomarkers and signatures of phenotypic state caused by L-norvaline treatments in 3×Tg-AD mice, we accomplished a functional interpretation of the genes derived from the antibody microarray assay done in the previous study (Polis et al., 2018). The array includes 1448 targets. There are 84 significantly up and down-regulated proteins with significant (P-value < 0.05) change of expression in the rate more than 25% (Additional Table 1). The pathway enrichment analysis was performed using Ingenuity® Pathway Analysis software (IPA®) (QIAGEN, Germantown, MD, USA). The IPA® tool was applied to uncover the significance of proteomics data and identify candidate biomarkers within the context of 3×Tg-AD mice as a biological system.

**Immunostaining**

Four animals from each group were deeply anesthetized with intraperitoneal injection of Pental (0.2 mL; CTS Chemical Industries Ltd., Kiryat Malachi, Israel) and transcardially perfused with 30 mL of phosphate buffered saline (PBS), followed by 50 mL of chilled 4% paraformaldehyde in PBS. The brains, liver, and kidney were carefully removed and fixed in 4% paraformaldehyde for 24 hours. The organs were transferred to 70% ethanol at 4°C for 48 hours, dehydrated, and paraffin embedded. The paraffin-embedded blocks were ice-cooled and sliced at a thickness of 4 µm. The sections were mounted, dried overnight at room temperature, and stored at 4°C.

For the quantitative histochemical analysis of beta-amyloid, three coronal brain sections cut at 25 µm intervals throughout the brain per mouse (1.8–2.0 mm posterior to bregma) were used. Immunohistochemistry was performed on the plane-matched coronal sections.

The kidneys were sliced in half longitudinally, and the liver was cut in transverse sections. For the analysis of arginase 1 (ARG1) immunoreactivity in the liver and arginase 2 (ARG2) in the kidney, two 4 µm-thick sections were cut per organ at 100 µm intervals.

Staining was accomplished on a Leica Bond III system (Leica Biosystems Newcastle Ltd., Newcastle upon Tyne, UK). The

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Figure 1B took into account that the experi
Figure 1C

**Imaging and quantification analysis**

The sections were viewed under a slide scanner Axio Scan.Z1 (Zeiss, Oberkochen, Germany) with a 40x/0.95 objective. The images were captured at various focal distances (Z-planes) to provide a composite image with a greater depth of field (mostly at 0.5 μm). The image analysis was carried out using ZEN Blue 2.5 (Zeiss). A fixed background intensity threshold was set for all sections representing a single type of staining. For 6E10 staining, the analysis of immunoreaction was performed in the CA1, CA3, CA4 areas of the hippocampus. The surface of the immunoreactive area (above the threshold) has been subjected to the statistical analysis.

Additionally, the image densitometry method was applied to quantify the amount of staining in the specimens. Integrated optical density, which is the optical density of individual pixels in the image reflecting the expression levels of the proteins, was measured via digital image analysis software (Image-Pro® 10.0.1; Media Cybernetics, Inc., Rockville, MD, USA), and presented as the average value for each treatment group.

The glomerular area was quantified using ZEN Blue 2.5. Twenty-four cortical glomeruli were measured in each group. In order to ensure that chosen glomeruli were sectioned in the same plane, only those containing evident effenter and afferent arteriolar stumps have been analyzed. Bowman’s capsule diameters were statistically compared.

**RNA extraction, reverse transcription, and real-time polymerase chain reaction**

Hippocampal tissues were sampled from five animals (each group). Total RNA was isolated using the RNeasy Mini Kit (Cat# 74104, QIAGEN) following the manufacturer’s instructions including DNase treatment. RNA quantification was performed using Qubit® (Invitrogen, Carlsbad, CA, USA). RNA integrity (RIN) was measured using Agilent 2100 Bioanalyzer System and Agilent RNA 6000 Pico Kit (Cat# 5067-1513, Agilent Technologies, Santa Clara, CA, USA). RNA integrity was measured using Agilent 2100 Bioanalyzer System and Agilent RNA 6000 Pico Kit (Cat# 5067-1513, Agilent Technologies, Santa Clara, CA, USA). cDNA was prepared from 200 ng of total RNA using SuperScript® III First-Strand Synthesis System for real-time polymerase chain reaction (RT-PCR) (Cat# 18080-051, Invitrogen) following the manufacturer’s instructions. Real-time PCR was performed using TaqMan Tnf: Mm00443258_m1 (Applied Biosystems, Foster City, California, USA) probe. For the normalization of tumor necrosis factor (TNF)-α RNA levels, ACTB and GAPDH endogenous housekeeping genes controls were analyzed using Actb: Mm00607939_s1 and Gapdh: Mm99999915_g1 probes respectively. PCR was set in triplicates following the manufacturer’s instructions (Applied Biosystems, Insert PN 4444602 Rev. C) in a 10 μL volume using 5 ng cDNA template. PCR was run, and the data was analyzed in the StepOnePlus system installed with StepOne Software v2.3 (Applied Biosystems). The quantification was performed using the comparative Ct (ΔΔCt) method (Livak and Schmittgen, 2001).

**Western bolt assay**

Hippocampal tissue was homogenized in an equal ratio of tissue homogenate buffer (50 mM Tris-HCl (pH 7.5), 150 mM KCl, 0.32 M sucrose, Protease inhibitor cocktail (Sigma) and lysis buffer (1% Triton, 10% glycerol, 120 mM NaCl, 25 mM 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid, 1 mM ethylenediaminetetraacetic acid EDTA, 0.75 mM MgCl₂, 2 mM NaF, 1 mM sodium vanadate & protease inhibitor). The samples were incubated on ice for 10 minutes and centrifuged at 11,000 x g for 10 minutes at 4°C. The supernatant was aliquoted, and protein concentration was determined using a protein assay kit (Bio-Rad, Hercules, CA, USA). Forty μg samples were subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis and transferred onto nitrocellulose membranes. The membranes were blocked for 1 hour at room temperature in Tris-buffered saline containing 0.1% casein. The membranes were incubated overnight at 4°C with primary antibody 1:500 dilution of postsynaptic density protein 95 (PSD-95) (Abcam, ab18258), beta-secretase 1 (BACE-1) (Abcam, ab2077), amyloid precursor protein (APP) (Abcam, ab2072). Following washing with Tris buffered saline with Tween, the membranes were incubated with LI-COR dye-conjugated secondary antibody (IRDye® 680RD; LI-COR Biosciences, Lincoln, NE, USA) for 1 hour at 22°C. The beta-actin antibody was used as a reference under the same conditions (Abcam, ab8227) at 1:5000 dilution. Membranes were scanned on the Odyssey® CLx Imager (LI-COR Biosciences).

**Statistical analysis**

Statistical analyses were conducted with GraphPad Prism 7.0 for Windows (GraphPad Software, San Diego, CA, USA). The significance was set at 95% of confidence. The two-tailed Student’s t-test was performed to compare the means. All data are presented as mean values. Throughout the text and in plots, the variability is indicated by the standard error of the mean (SEM).

**Results**

L-Norvaline improves memory acquisition in the 3xTg-AD mice

The animals treated with L-norvaline exhibited significantly increased freezing time during the fourth (P = 0.033) and fifth (P = 0.018) minutes of the test compared to the control group (Figure 1C). Taking into account that the experimental animals were exposed to the shocks only during the second part of the procedure (Figure 1B), we concluded that their contextual memory acquisition, which is associated with the conditioned stimulus, improved significantly following the treatment with L-norvaline.
L-Norvaline reduces β-amyloidosis in the hippocampi of 3×Tg-AD mice
Coronal brain sections of the 3×Tg-AD mice were stained with anti-β-amyloid antibody (6E10) to study the impact of the L-norvaline treatment on the amyloid burden. Six- to seven-month-old 3×Tg-AD mice exhibited enhanced intracellular and extracellular deposition of Aβ in their hippocampi (Figure 2A and B). Intracelluar deposits were most prominent in the CA1 area (Figure 2C), with a substantial reduction in the L-norvaline treated group (Figure 2D). Only a few plaques were detected within the hippocampal. The analysis of immunoreactive surface area was performed in the CA1 (Figure 2C and D), CA3 (Figure 2E and F), and CA4 regions of the hippocampi. We detected significant differences in the levels of immunoreactivity between the two experimental groups. There was a significant reduction in the 6E10 immunoreactivity in the CA1 (P = 0.0095), CA3 (P = 0.016), CA4 (P = 0.016) areas. These data point to an effect of L-norvaline on the level of β-amyloidosis in the 3×Tg-AD mice and support our previously reported findings (Polis et al., 2018).

L-Norvaline reduces the transcription levels of TNFα gene
Tumor necrosis factor signaling is required for Aβ-induced neuronal death (Chang, et al. 2017). The critical role of TNFα in AD pathogenesis is supported by observations made in the mouse models of AD (Sly et al., 2001). Elevated TNFα levels were observed in the brain tissues of AD transgenic mice. To investigate the impact of L-norvaline treatment on TNFα gene expression levels, mRNA was isolated from the hippocampi of control and treated mice, and analyzed by quantitative RT-PCR. cDNA levels were normalized to the reference genes GAPDH and ACTB and presented relative to gene expression in vehicle controls. The two-tailed Student’s t-test (t = 2.66, df = 8) revealed a significant (P = 0.029) reduction (by 35.5%) of TNFα gene expression levels in the L-norvaline treated group (Figure 3).

L-Norvaline amplifies the expression levels of postsynaptic density-95 protein in the 3×Tg-AD mice
The impact of the L-norvaline treatment upon the hippocampal levels of neuroplasticity-associated protein PSD-95 in the 3×Tg-AD mice was investigated using western blotting. Decreased levels of PSD-95 in the cerebral cortex and hippocampus of 3×Tg-AD mice compared to the WT mice were previously reported (Revilla et al., 2014a), suggesting synaptic integrity loss in this model. We previously analyzed the effect of L-norvaline upon the spine density and the expression levels a list of neuroplasticity related proteins. We disclosed a relative spine deficiency in the 3×Tg-AD mice compared to WT and evidenced an increase in spine density (by ~20%) following the treatment (Polis et al., 2018).

Figure 1 Contextual fear conditioning.
(A) Experimental design. (B) Fear training scheme. (C) Effect of L-norvaline treatment on freezing time during the 5-minute test. Mean freezing levels (± SEM) of controls (n = 13) and L-norvaline treated mice (n = 13) are recorded. The two-tailed Student’s t-test revealed a significant effect of the treatment on freezing time, *P < 0.05. Red box indicates the periods of time with significant differences in freezing behavior between the groups.

Figure 2 The effect of L-norvaline on the hippocampal Aβ burden in the 3×Tg-AD mice.
Representative 40× photomicrographs of the entire hippocampi stained with anti-6E10 antibody from the control (A) and L-norvaline treated (B) mice. Insets C and D represent the CA1 region, E and F represent CA3 region. Arrows indicate the cells with dense amyloid deposition. Quantification of the Aβ-immunoreactive area in different brain regions of the 3×Tg-AD mice treated with vehicle (control) or L-norvaline (G). Data are presented as the mean ± SEM (two-tailed Student’s t-test). *P < 0.05, **P < 0.01 (n = 12 brain sections, three mice per group). Aβ: Amyloid-beta.
L-Norvaline reduces the expression levels of APP but not BACE-1 in the 3xTg-AD mice

The brains of 3xTg-AD mice contain growing with age APP levels, which are higher than in WT animals (Croft et al., 2017). Immunohistochemistry with 6E10 antibody revealed a significant reduction of the total amyloid burden in the cortices and hippocampi of mice treated with L-norvaline. To comprehend the phenomenon and address it to the moderated transcription of APP or altered processing by BACE-1, we performed western blot analysis of the extracted proteins. Quantitative analysis of the blots demonstrated that L-norvaline significantly (P = 0.029) reduced (by 43%) the levels of APP expression (Figure 4B), however, it had little or no effect (P = 0.59) on the levels of BACE-1 protein (Figure 4C).

L-Norvaline induces cellular pathways involved in neuroplasticity and oxidative stress protection

The pathway enrichment analysis with a preset threshold of 25% change from control and the significance set at 95% of confidence revealed that treatment of 3xTg-AD mice with L-norvaline led to activation of 41 critical biological processes (Figure 5). Among the most significant pathways (with P < 0.0025 and overlap > 30%) detected by IPA were neuregulin pathway, synaptic long-term depression, ERK/MAPK pathway, and oncostatin M pathway. Moreover, IPA® points out several signaling pathways with significant effect, which are involved in cell survival and immune response. Among them are PI3K/AKT signaling, TREM1 signaling, CDK5 signaling, IL-2, IL-3, IL-15 signaling.

Neuregulins comprise a cluster of epidermal growth factor-like proteins that act on the epidermal growth factor receptor family of receptors and are highly implicated in neural development and brain homeostasis (Mei and Nave, 2014). Accumulating evidence suggests that neuregulin-1 signaling has an impact on cognitive function and neuropathology in AD. Overexpression of neuregulin-1 in the hippocampus of AD mice improves memory deficits and ameliorates disease-associated neuropathology (Xu et al., 2016b). Our results reveal upregulation of several important downstream to neuregulin proteins. We demonstrate that the levels of Src proto-oncogene-encoded protein-tyrosine kinase increase significantly (P = 0.003) by 94% in the brains of the treated group. Src activity was shown to be required for avoidance memory formation and recall (Bevilaqua et al., 2003). Moreover, the levels of signal transducer and activator of transcription 5A (STAT5) escalated significantly (P = 0.006) by 45%. STAT5 is an essential cellular mechanism regulating cognitive functions. Brain-specific STAT5 ablation was shown recently to impair learning and memory formation in mice (Furigo et al., 2018). Another study suggests a contribution of STAT5 in neuroprotection (Zhang et al., 2007). The authors demonstrate a strong association between STAT5 activation and neuronal survival in the rat hippocampus after cerebral ischemia.

The platelet-derived growth factor (PDGF) ligands and receptors are expressed during embryonic development and in the mature nervous system. In pathologic conditions, PDGF modulates neuronal excitability and stimulates survival signals, via the PI3-K/Akt pathway and other ways, rescuing cells from apoptosis (Funa and Sasahara, 2014). PDGF
signaling defects have been shown to underlie the clinical progression of neurodegeneration in multiple sclerosis (Mori et al., 2013). Our assay confirms that PDGF signaling is highly involved and activated by L-norvaline treatment ($P = 0.00025$). The levels of one of the central enzymes of the pathway, sphingosine kinase 2, increased significantly ($P = 0.036$) by 56% following the treatment. Sphingosine kinase 2 is highly implicated in AD pathogenesis as indicated by dysregulation of the sphingolipid metabolism (i.e., reduced levels of sphingosine 1-phosphate, a product of the reaction) in AD brains (Dominguez et al., 2018). Sphingosine 1-phosphate is a potent neuroprotective signaling lipid (Couttas et al., 2014), which acts via specific G protein-coupled receptors (SIPRs) and regulates microglial number and activity in the brain (Hla and Brinkmann, 2011).

Vascular endothelial growth factor is essential for neuroprotection (Rosenstein et al., 2010). Vascular endothelial growth factor signal activation is particularly beneficial in individuals showing early hallmarks of AD (Hohman et al., 2015). We demonstrate that L-norvaline significantly ($P = 0.004$) up-regulates vascular endothelial growth factor signaling pathway in the 3×Tg-AD mice. L-Norvaline treatment additionally leads to up-regulation of the ERK/MAPK signaling pathway, which is essential for endogenous neuroprotection (Karmarkar et al., 2011). Moreover, IPA® points out other pathways with significant effect, which are involved in cell survival and immune response.

Noteworthy, L-norvaline treatment led to a significant ($P = 0.04$) increase (by 53%) in the levels of glial cell-derived neurotrophic factor (GDNF) receptor Ret, as detected by the antibody array. Ret is a tyrosine kinase and common signaling receptor for GDNF-family ligands (Airaksinen and Saarma, 2002). Generally, GDNF is an effective supporter of neuronal survival (Allen et al., 2013), and Ret is essential for mediating GDNF neuroprotective and neuroregenerative effects (Drinkut et al., 2016). Moreover, neural cell adhesion molecule, which has been identified as a second signaling receptor for GDNF (Paratcha et al., 2003), demonstrated a significantly ($P = 0.003$) elevated (by 43%) levels following the treatment. Neural cell adhesion molecule regulates synaptic plasticity (Lüthi et al., 1994), and mediates the axonal growth in the hippocampal and cortical neurons (Paratcha et al., 2003). Of note, GDNF is down-regulated in 7-month-old 3×Tg-AD mice (Revilla et al., 2014a) and GDNF overexpression improves learning and memory in this model of AD (Revilla et al., 2014b).

Additionally, L-norvaline treatment led to a substantial increase (by 59%) in the levels of protein-serine kinase suppressor of Ras 1 (Ksr1), which is critical for neuroprotection. Ksr1 mediates the anti-apoptotic effects of brain-derived neurotrophic factor (Sztalmaz et al., 2007), which is highly implicated in AD (Peng et al., 2005).

Contemporary data demonstrate that another essential neuroprotective factor, nerve growth factor, plays a crucial role in normal aging (Parikh et al., 2013) and AD pathogenesis (Iulita and Cuello, 2014). Consequently, nerve growth factor application has emerged as a novel approach for AD therapy (Eyjofsdottir et al., 2016). Of note, the neuroprotective effects of nerve growth factor are mediated via tropomyosin receptor kinase A (Nguyen et al., 2010), which was significantly ($P = 0.039$) increased (by 56%) following the treatment.

Antibody microarray detected several other essential for cell survival proteins that demonstrated a significant but moderate (less than 25% cutoff for IPA®) escalation rate following the treatment. For example, superoxide dismutase [Cu-Zn] levels were elevated by 19% in the brains of the treated animals. This enzyme plays a critical role in cellular response to oxygen-containing compounds and has been shown to be neuroprotective in a rat model with N-methyl-D-aspartic acid-induced excitotoxic injury (Peluffo et al., 2006). Additionally, we observed a 24% increase in the levels of phosphatidylinositol 3-kinase regulatory subunit alpha, which protects against H$_2$O$_2$-induced neuron degeneration (Yu et al., 2004). Accordingly, we suggest that L-norvaline possesses several converging on neuroprotection modes of activity (Figure 6).

**L-Norvaline effectively reduces the expression levels of ARG1 and ARG2 in the primary organs of their activity without inducing morphological aberrations**

In order to evaluate the rate of ARG1 inhibition by L-norvaline in the hepatic tissue, we performed a histological analysis of the 3×Tg-AD mice liver. We did not detect structural changes of the classical hexagonal, divided into concentric parts, hepatic lobular structure following the treatment (Figure 7A–D). However, the levels of ARG1 immunoreactivity were significantly reduced in the L-norvaline treated group, which was reflected by a decrease in ARG1 immunoreactive surface area ($P = 0.015$) and integrated optical density ($P = 0.04$).

Additionally, we performed renal tissue staining with ARG2 antibody and hematoxylin to assess the kidney structural integrity and the levels of ARG2 expression following the L-norvaline treatment. It was shown previously in the rat, that ARG2 is intensely expressed in the proximal straight tubules of outer medulla, and a subpopulation of the proximal tubules of the renal cortex (Miyakawa et al., 1998). Our data accord with these findings (Figure 8).

In previous studies, the Bowman’s capsule space expansion was marked as a central histological kidney’s dysfunc-

tion characteristic (Thakur et al., 2006; Tobar et al., 2013). We subjected the cortical glomerular capsule diameter to the statistical analysis to detect deviations in glomerular space. We did not observe any significant variability ($P = 0.081$) in the Bowman’s capsule diameters between experimental groups (Figure 8F). The mean diameters were 95.15 ± 1.88 µm in the control group and 99.97 ± 1.93 µm in the treated group. Nevertheless, the ARG2 immunoreactivity was significantly ($P < 0.001$) reduced in the treated with L-norvaline mice (Figure 8E).

**Discussion**

In this study, we continued the investigation of neuroprotective properties of a non-proteinogenic amino acid...
L-Norvaline in a mouse model of AD. Previously we proved, by use of two canonical paradigms, that L-norvaline ameliorated short- and long-term memory deficits in the 3×Tg-AD mice, and demonstrated a significant reduction of Aβ-immunoreactivity in the cortices following the treatment (Polis et al., 2018). Here, we confirm these findings with another context-related memory test and report a significant reduction of the hippocampal Aβ burden.

To decipher the amyloidosis reduction mechanism, we performed western blotting of hippocampal lysates and studied the effects of L-norvaline treatment upon APP and BACE-1 expression. In the previous report, we revealed a substantial decrease in the levels of Aβ- toxic oligomeric and fibrillar forms following the treatment. Here, we evidence a significant reduction of APP, but not BACE-1 protein levels. Therefore, we suggest that L-norvaline moderates the rate of APP translation, which leads to a dramatic decline in the hippocampal amounts of Aβ deposits and toxic oligomers.

Levels of soluble conformations of Aβ have been shown to correlate with AD-associated synaptic loss and cognitive impairment (McLean et al., 1999). Moreover, these species trigger neurotoxicity in the presence of microglia and potentiate proinflammatory changes in the AD brain (Dhawan et al., 2012). Current literature highlights chronic neuroinflammation as a prominent feature of AD pathogenesis (Heneka et al., 2015). Accordingly, there were attempts to interfere with inflammatory complement-mediated processes leading to the synaptic loss in AD mice.

The 3×Tg-AD mice exhibit a regional and age-dependent enhancement of F4/80-positive (Janelins et al., 2005), IBA1-positive (Montacute et al., 2017), and CD11b-positive microglia (Ye et al., 2016). The phenomenon is associated with amplification of various factors of inflammation in the brain, including TNFα (Montacute et al., 2017). Microglia and neurons typically express TNFα, and its expression intensifies in activated microglia and reactive astrocytes (Badoer, 2010). Fillit et al. disclosed meaningfully elevated levels of TNFα in the AD brains (Fillit et al., 1991). Animal...
studies confirm a link between excess TNFα levels in the brain and AD development (Janelsins et al., 2008; Cavanagh et al., 2016).

We previously demonstrated that L-norvaline treatment led to a decline in IBA1 immunoreactive cell’ density in the hippocampi of 3×Tg-AD mice, which was associated with a shift from activated to resting ramified microglial phenotype (Polis et al., 2018). In the present study, we disclose a significant reduction in the hippocampal levels of TNFα mRNA expression following the treatment. It was convincingly demonstrated in primary cultures of mouse astrocytes that APP gene responds to the stimulation by TNFα (Lahiri et al., 2003). Remarkably, TNFα positively regulates APP transcription and translation via regulatory elements present in the APP promoter. Moreover, TNFα stimulates the expression levels of BACE1, which escalates the amyloidogenic APP processing (Zhao et al., 2011). Our findings also confirm the direct connection between TNFα and APP but not BACE-1 levels in the 3×Tg-AD mice.

There is a solidly grounded hypothesis that activated microglia cause synaptic and wiring dysfunction by pruning synaptic connections (Hong et al., 2016). Consequently, it was proposed to target the microglia-synapse pathways to prevent early AD symptoms (Xie et al., 2017). In the previous study, we reported a significant increase in dendritic spine density in the hippocampi of the L-norvaline treated mice. Here, we evidence an escalation of the PSD-95 protein levels in the hippocampi of the experimental group, which reflects the increase of spine density.

Accumulating empirical evidence suggests a role of mechanistic target of rapamycin (mTOR) in the regulation of immune responses (Powell et al., 2012) and major pathological processes of AD (Wang et al., 2014). Additionally, mTOR serves as a chief regulator of autophagy (Orr and Oddo, 2013), which is strongly associated with AD pathogenesis via its influence upon the endosomal-lysosomal function (Funderburk et al., 2010). Remarkably, rapamycin improves memory and effectively reduces amyloid and tau pathologies in the 3×Tg-AD mice (Caccamo et al., 2010). Accordingly, mTOR-signaling inhibition is a novel therapeutic target for AD (Tramutola et al., 2017). Recently, it was hypothesized and confirmed that mTOR affects TNF-mediated pro-inflammatory processes. Karonitsch et al. (2018) demonstrated in fibroblast culture that TNF activates the mTOR pathway, which, in turn, modulates the gene expression response to TNF.

L-norvaline possesses anti-inflammatory properties, which have been attributed to its potency of inhibiting ribosomal protein S6 kinase beta-1 (S6K1). This kinase is a downstream target of mTOR signaling (Ming et al., 2009). Previously we reported a significant reduction (by 53%) of RAC-alpha protein-serine/threonine kinase (Akt1) levels in the L-norvaline
treated mice (Polis et al., 2018). AKT1 is a key modulator of the AKT-mTOR-S6K1 signaling pathway that regulates various biological processes including metabolism, proliferation, and cell survival (Memmott and Dennis, 2009). TNF was shown to induce the activation of AKT and S6K1 (Karontisch et al., 2018). Therefore, we speculate that the reduction in the levels of AKT1 protein following the L-norvaline treatment is TNFa-mediated (Figure 6). Of note, chronic rapamycin treatment does not modify the levels of TNFs in the brains of 3×Tg-AD mice (Majumder et al., 2011). Thus, the observed reduction in the TNFs gene expression levels following the treatment cannot be explained by L-norvaline modulation of the AKT-mTOR-S6K1 signaling pathway. Future investigations should address the elucidation of this phenomenon.

Our bioinformatics analysis revealed 41 critical biological processes involved in cell survival and immune response and significantly activated by L-norvaline treatment. The most significant pathways in the list are the neuregulin signaling pathway, synaptic long-term depression, ERK/MAPK signaling, PDGF signaling, and oncostatin M Signaling, which are essential for neuroprotection and their activation is particularly beneficial for AD patients.

L-norvaline is a potent non-competitive arginase inhibitor (Polis and Samson, 2018). Contemporary studies have identified arginase function in the brain and associated this enzyme with the development of neurodegenerative diseases (Patassini et al., 2015). Moreover, upregulation of arginase contributes to endothelial dysfunction, atherosclerosis, and diabetes. Therefore, regulation of arginase activity is an emerging universal approach for treatment of AD and other metabolic disorders.

Previous studies established the presence of both ARG1 and ARG2 in the brain (Peters et al., 2013; Polis et al., 2018). Moreover, arginase levels were shown to be increased in the areas with pronounced Aβ deposition (Kan et al., 2015; Polis et al., 2018). Of note, the primary metabolic function of arginases in mammals is the removal of excess ammonia via the urea cycle. This is the central role of ARG1 in the hepatic tissue (Stewart and Caron, 1977). ARG2 is a kidney-type arginase, which is ubiquitously expressed at a low level within the mitochondria of various organs (Lange et al., 2004).

Arginase inhibition with a potent reversible inhibitor of liver arginase N(omega)-hydroxy-nor-L-arginine (nor-NOHA) (Ki = 0.5 μM) ameliorates hepatic metabolism in obese mice (Moon et al., 2014). Of note, in the aforementioned study, mice were orally gavaged with a relatively high dose of the arginase inhibitor (40 mg/kg per day) for 5 weeks. The authors conclude that arginase inhibition exerts protective properties against hepatic lipid abnormalities induced by obesity, and address arginase inhibition as a potential therapeutic approach for obesity and its metabolic complications. Another study, utilizing a several-fold higher (400–800 mg/kg) dose of nor-NOHA in rat demonstrated that arginase inhibition does not lead to changes in serum creatinine, alanine aminotransferase, alanine aminotransferase, or body weight in the animals. Moreover, histological analysis of liver, heart, lung, kidney, spleen, and pancreas did not reveal any structural abnormalities (Reid et al., 2007). Furthermore, even considerable reduction of the liver ARG1 activity (by 35%) does not affect general metabolic profile data in the rats (Sabbatini et al., 2003).

In this study, we aimed to investigate the influence of L-norvaline upon ARG1 and ARG2 levels in the primary organs of their expression. A set of the histochemical investigations revealed a significant reduction of ARG1 immunoreactivity in the liver and ARG2 immunoreactivity in the kidney following the treatment. It is worth mentioning that ARG2 deficiency extends the lifespan of mice (Xiong et al., 2017). Moreover, targeting ARG2 protects mice from high-fat-diet-induced hepatic steatosis through suppression of macrophage inflammation (Liu et al., 2016). Interestingly enough, the release of TNFs from bone marrow-derived macrophages of Arg2−/− mice is decreased as compared to the WT animals. Therefore, strong inhibition of ARG2 levels by L-norvaline might be beneficial for the experimental mice.

Previously we have proved that L-norvaline treatment does not lead to a significant drop in weight or detectable changes in the behavior of the WT mice (Polis et al., 2018). Moreover, the treatment does not affect the levels of ARG1 and ARG2 expression in their brains. Nevertheless, L-norvaline reduces amyloid-beta-driven arginase immunoreactivity in the aged 3xTg-AD animals. For that reason, we suggest that arginase inhibition with L-norvaline provides a fine-tuning of the enzyme activity, primarily in the organs where some pathological stimuli upregulate it.

In conclusion, we emphasize that arginase inhibition, in general, shows a wide-ranging therapeutic potential for the treatment of various pathologies. In this context, we underline multifaceted modes of L-norvaline activity, which interfere with several critical aspects of AD pathogenesis. Therefore, the substance represents a promising neuroprotective agent that deserves to be clinically investigated.
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Additional file: Additional Table 1: Kinx™ antibody microarray data report.

References